

Is it Bullying?

Dealing with Peer Conflict



When someone says or does something UNINTENTIONALLY hurtful, and they do it ONE TIME ~ That's

RUDE

Is someone being RUDE?

- Unintentionally hurtful
- Happens one time

What should I do?

- ★ Tell them to stop
- ★ Walk away

When someone says or does something hurtful ON PURPOSE and they do it ONE TIME ~ That's

MEAN

Is someone being MEAN?

- Hurtful on Purpose
- Happens one time

What should I do?

- ★ Tell them to stop
- ★ Walk away

When someone says or does something hurtful ON PURPOSE and they KEEP DOING IT even when you tell them to stop or show that you are upset ~ That's

BULLYING

Is someone being a BULLY?

- Hurtful on purpose
- Ongoing over time

What should I do?

- ★ Stand up for yourself
- ★ Report it to a trusted adult
- ★ Ask for help