Westie's Sport Start

Dear Parents,

Westie's Sport Start is a program dedicated to promoting movement, activity, fun and passionate learning! This program is being offered to our Grade 3 students. It is a twelve week program that will run Thursdays after school from April 3rd, 2025 until June 26th, 2025. Students will be exposed to skill development, games and activities promoting basketball, badminton, rugby and soccer. These activities will take place in the Westmount School gym, and in the Westmount School field.

Please note that there is a \$25 registration fee for this program which will cover program costs and T-shirts. This fee can be paid online or in person after registration for the program has closed.

Registration for the program will open on Friday, March 28 @ 4:00pm.

As this is an after school program (3:04 pm - 4:00 pm). Students will be required to be picked up from the school promptly at 4:00 pm. Experienced coaches from Westmount School will focus on skill development and ignite a passion for basketball and soccer.

Session #	Date	Location	Sport	Skill Set
#1	April 3rd	Gym	Basketball	Passing
#2	April 10th	Gym	Basketball	Dribbling & Ball Handling
#3	April 17th	Gym	Basketball	Celebration: Mini-game play (3 on 3)
#4	May 1st	Gym	Badminton	Racket Skills & Game Play
#5	May 8th	Gym	Badminton	Racket Skills & Game Play
#6	May 15th	Gym	Badminton	Celebration
#7	May 22nd	Field	Soccer	Passing & Controlling
#8	May 29th	Field	Soccer	Dribbling
#9	June 5th	Field	Soccer	Celebration: Mini-game play (5 on 5)

The program will run the following schedule:

#10	June 12	Field	Rugby	Passing, Kicking & Game Play
#11	June 19th	Field	Rugby	Passing, Kicking & Game Play
#12	June 26th	Field	Rugby	Celebration

If you are interested in having your child participate in Westie's Sport Start, please follow the linked Google Form below and complete it fully once registration opens on March 28th at 4:00pm. Registration in the program will be limited to the first 30 students who register.



We are excited about this program and look forward to seeing your child on the court and in the field with us!

All the best,

Westie's Sport Start Coaches

